

Risks of Estrogen

Risk Level	
Likely higher risk	Blood clots (with oral estrogen) Gallstones Liver inflammation Weight gain High triglycerides (a form of cholesterol)
Likely higher risk if you are already high-risk	Heart disease
Possible higher risk	High blood pressure High prolactin (a hormone released by a gland in your brain)
Possible higher risk if you are already high-risk	Type 2 diabetes
No higher risk or we do not have enough research to say if there is higher risk	Breast cancer

Risks of Testosterone

Risk Level	
Likely higher risk	High blood count Weight gain Acne Balding Sleep apnea
Possible higher risk	Liver inflammation High cholesterol
Possible higher risk if you are already high-risk	Aggression or worsening of mental health problems Heart disease High blood pressure Type 2 diabetes
No higher risk or we do not have enough research to say if there is higher risk	Thinning of bones (if you do not exercise regularly) Breast cancer Cervical cancer Ovarian cancer Uterine cancer